



SAFETY ORIENTATION QUIZ QUESTION PACK

Employee Printed Name

Training Date

Asbestos

1. Most building materials (including floor tiles, mastic, thermal insulators, and plaster) must be **Presumed to be Asbestos Containing Material, or P.A.C.M.**, unless proven otherwise.
A. - True B. - False
2. Friable asbestos is harmless and can be handled without health risks.
A. - True B. - False
3. Asbestos that can be easily crumbled or pulverized to dust with simple hand pressure is friable.
A. - True B. - False
4. Which bodily system is the primary target of asbestos exposure?
A. Circulatory System
B. Nervous System
C. Respiratory System
D. Ambulatory System
5. Never disturb asbestos or P.A.C.M.
A. - True B. - False

Confined Spaces

6. A confined space attendant properly trained in applicable emergency procedures, shall always be present outside the confined space when other personnel are working within the confined space.
A. - True B. - False
7. A confined space attendant is not necessary if the entrants are going to be in a confined space for a short duration
A. - True B. - False
8. On small jobs where crews are shorthanded, the confined space attendant may leave their post to run short errands if they notify the entrants that they will be away.
A. - True B. - False

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9. The number one cause of death in confined spaces is due to _____.
- A. Asphyxiation
 - B. Unexpected release of mechanical energy
 - C. Falls from height
 - D. Engulfment
10. All confined spaces must be considered **Immediately Dangerous to Life and Health (I.D.L.H.)** until proven otherwise.
- A. - True B. – False

Electricity

11. What does GFCI stand for?
- A. General Fact Check Indicator
 - B. Ground Fault Checking Indicator
 - C. General Frequency Check Interpreter
 - D. Ground Fault Circuit Interrupter
12. A wet wooden ladder can be a good electrical conductor.
- A. - True B. – False
13. Always assume that overhead power lines are energized. Keep tools and any equipment as far away as possible and never any closer than _____ away from them.
- A. 8 feet
 - B. 5 feet
 - C. 10 feet
 - D. 30 feet
14. Welding units often use thousands of times the electrical current necessary to kill a person.
- A. - True B. – False

Fire Safety

15. What extinguishers are safe for use on ordinary combustible fires like furniture or papers, on fires of flammable liquids like grease or nail polish remover, and on fires in electrical equipment?
- A. Pressurized water
 - B. Carbon dioxide
 - C. ABC
 - D. Class K

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16. The best way to survive a fire is to have working smoke alarms and a quick safe _____.
- A. None are correct
 - B. Escape route
 - C. Energy plan
 - D. Documentation plan
17. Even after the fire appears to be out keep an eye on the site until the fire department arrives.
- A. - True B. – False
18. If you choose the wrong extinguisher or use it in the wrong circumstances you could make a small fire worse and you could be injured or even killed.
- A. - True B. – False
19. Using water on a Class B fire can spread the fire to a larger area causing more damage or even injuries.
- A. - True B. – False

Hand & Power Tools

20. Make sure power tool _____ are in place, properly adjusted, and in working order.
- A. Saw blades
 - B. Cutting tools
 - C. Machine guards
 - D. Auger bits
21. Putting batteries into a fire or exposing them to high heat may cause them to _____
- A. Drain
 - B. Explode
 - C. Over charge
 - D. Melt
22. Avoid carrying _____ powder actuated tools from job to job.
- A. Cleaned
 - B. Loaded
 - C. Oiled
 - D. Heavy
23. If you find a power tool with a missing guard.
- A. Leave it where you found it, it's unsafe
 - B. Take it out of service and tag it for repair or replacement
 - C. Use it until end of shift
 - D. Make the needed repairs yourself

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Hazard Communication

24. Hazard Statements are used to describe the nature of the chemical hazards including, where appropriate, the degree of hazard.
- A. - True B. – False
25. In 2003, the United Nations adopted the G.H.S. for the classifying and labeling of hazardous chemicals. What does G.H.S. stand for?
- A. Good Hazard System
B. Geo Hazards Systems
C. Globally Harmonized System
D. Good Housekeeping System

Material Handling

26. When handling material manually, if there's enough room, your first option should be to use
- A. Your back
B. Material handling equipment
C. Leverage and muscle
D. Sharp jerking motions

Hearing Conservation

27. Noise Induced Hearing Loss can be fully repaired with medical aid.
- A. - True B. – False
28. What is done to monitor a worker's hearing over time?
- A. Both audiometric and genetic testing
B. Genetic Testing
C. None of these
D. Audiometric Testing

Heat Related Illness

29. You are not drinking enough water if
- A. You are sweating profusely
B. You feel thirsty
C. You are not sweating
D. You feel hungry even after a healthy lunch
30. When working in hot areas



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- A. Stay properly hydrated
- B. Wear a big rimmed hat
- C. Keep your body covered and insulated from the heat
- D. All are correct

31. Signs of dehydration include

- A. Dark colored urine
- B. Have flushed skin
- C. Dizzy heat intolerance
- D. All are correct

Work at Heights

32. If employees use a boom supported elevated work platform, they must wear a safety harness and lanyard device fixed to the attachment points of the boom.

- A. When 6 feet off the ground
- B. When 10 feet off the ground
- C. When 6 feet off the ground
- D. Regardless of height

33. Personal fall arrest systems must be connected to an anchor point capable of catching a falling worker. In a fall, your life depends on the anchor holding. Make sure the anchor point can support at least _____ lbs.

- A. 2000
- B. 3000
- C. 4000
- D. 5000

34. Both hands must be free of tools or other objects when climbing a ladder.

- A. - True
- B. - False

35. A standard guard rail always includes which of the following?

- A. A top rail
- B. Is 39 to 45 inches in height
- C. All are correct
- D. A mid rail

36. Warning labels on stepladders clearly state that the top step and top cap are not to be used as a step.

- A. - True
- B. - False

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37. The side rails of an extension ladder should extend at least ___ feet above the surface to be accessed.
- A. 2
 - B. 5
 - C. 3
 - D. 4
38. Do not use metal or conductive ladders near energized electrical equipment or overhead power lines.
- A. - True B. - False
39. Sometimes it is necessary to tie or fasten ladder sections together to make a longer ladder.
- A. - True B. - False

Lockout Tagout

40. Employees authorized to perform work on a system
- A. Should not have to be directly involved in the isolation and lock out tag out of the system
 - B. Should pay no attention to as-built drawings
 - C. Should be able to completely rely on as-built drawings
 - D. Should be directly involved in the isolation and lock out tag out of the system
41. Under LOTO, all that is required for affected workers to begin work is for a supervisor to verify, check, or test electrical panels or electrically powered equipment to ensure they are in fact de-energized.
- A. - True B. - False
42. All contractors and subcontractors working on locked out systems must be made aware of modifications that could affect the integrity of lock out tagout prior to beginning work.
- A. - True B. - False
43. Workers must verify, check, or test locked out electrical panels or electrically powered equipment to ensure they are in fact de-energized before working on any systems or equipment.
- A. - True B. - False

PPE

44. Approved eye and face protection must meet ANSI standard Z87 or Z87.1 while working on any Haskell project.
- A. - True B. - False



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Respiratory Protection

45. Atmosphere-supplying respirators are the only respirators that will protect you against hazardous atmospheres, like carbon monoxide and lack of oxygen.
A. - True B. – False
46. What type of respirator should be used in an oxygen deficient atmosphere, which might be found in confined spaces?
A. Air purifying respirator
B. Atmosphere supplying respirator

Scaffolding

47. Scaffold planks must be in good condition. There should be no cracks or splits in wooden or metal planks.
A. - True B. – False
48. Once a scaffold has been erected, never remove any component of the scaffold.
A. - True B. – False
49. To climb onto a scaffold, never use any of the diagonal bracing or any of the support members.
A. - True B. – False
50. Any time someone is working below a scaffold or passing underneath a scaffold toeboards are required to be fitted at the work platform in those areas.
A. - True B. – False
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Trainer Printed Name

Trainer Signature